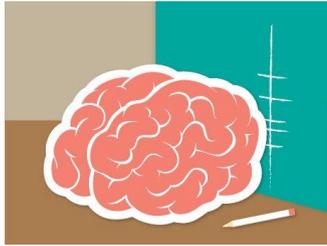


What is a Growth Mindset?



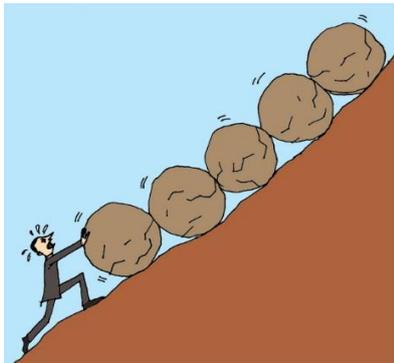
Give feedback that focuses on things pupils can control:

- Effort (if pupils worked hard)
- Challenge seeking
- Persistence
- Good strategies
-

Use growth mindset phrases to

- Praise after success – ‘Your improving...your efforts are really paying off’
- Encourage after difficulty
- Provide critical feedback

Challenges



Encourage challenging activities & tasks. Refer to the word ‘challenging’ in lessons.

- Choices in difficulty of tasks
- Challenge pupils to try a harder task
- Encourage pupils to challenge themselves
- Instil confidence to try harder tasks
- *‘I have seen you challenged in the past and succeed, let’s do it again’*

Without answering question, prompt pupil to think about how the best way to approach or solve it.



Others Successes/Resilience

Others successes – People with growth mindsets:

- Find inspiration in the success of others
- Turn obstacles into opportunities

Growth mindset builds resilience:

- When making mistakes to bounce back and keep trying.

To keep going when faced with a difficult challenge in order to overcome it



First Attempt In Learning

Create a classroom environment where it’s okay to make mistakes and pupils are willing to take on challenges and push themselves.

Trial and error activities where they find the right answer

Not failing but refusing to give up

Opportunity to learn

Reflect to see how reasons for failure

Being wrong is a natural process of learning

As you learn mistakes are expected

Overcoming setbacks as you learn

Neurons transmit information around our brains. They pass information through connections with other neurons. As we learn our neurons grow and make more connections.

- Intelligence can be developed
- Learn from feedback
- Failure is an opportunity to learn
- Effort is necessary to expand knowledge & skills

Take inspiration from the success of others

Feedback/Praise



Effort is positive. It's key to trying again and developing knowledge & skills.

- Encourage pupils to confront mistakes and try and get better
- Encourage persistence
- *Avoid praising talent*

Praising effort after a hard task can increase confidence and motivation – resulting in increased performance

Effort



Emphasise the process of learning - Encourage pupils to see that the process is an important part of learning and being a successful pupil.

The process is made up of:

- Sustained Effort
- Good Strategies
- Seeking Help

The Process of Learning



.....'yet' – Add this onto a negative statement that pupils may say.

'You can get better at it'

'Improving, your hard work is paying off'

'Good Effort' 'Work hard'

'You're on the right track/along the right lines'

'Grow, discover, learn'

'The harder you work at something, the better you'll be at it'

'This is challenging but rewarding'

'This may stretch you outside of your comfort zone'

Growth Mindset Phrases

